





IN THE KNOW **MedEd Newsletter**

We are committed to the life long learning of all our staff here at UHCW including Resident doctors and other multi-professional staff.



www.mededcoventry.org

GREETINGS TO ALL THE TEAMS!

We hope that everyone enjoyed the inaugural edition of our ~ In the Know: MedEd Newsletter.

We appreciate your insightful comments and original thoughts on our first edition. We believe we have included as much of the information as possible to help you.

We sincerely hope you enjoy reading our September edition, and we look forward to hearing your opinions and suggestions for our final edition of the year in December.

In the meantime, happy reading!



Associate Medical Director for Education, **Training and Professional Development**



Head of Medical Education

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FIRST & FIGURES

RESIDENT DOCTORS IN TRAINING



Our current medical workforce consists of Resident Doctors in Training ranging from the Foundation year to higher Speciality doctors. They are a crucial part of the medical workforce, and play a pivotal role in delivering quality patient care. Their training and experience contributes significantly to the long-term sustainability of the healthcare system.

UNDERGRADUATE STUDENTS



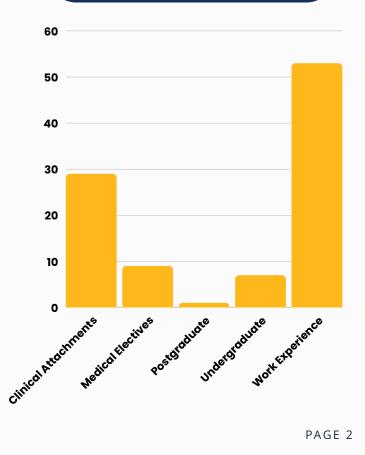
Phase III students from Warwick Medical School undertaking their SCP Blocks across the trust. The students rotate to different specialities throughout their Blocks. This cohort transitioned into Year 4 at SCP6, and now they are on the final phase of completing their MBChB journey.

CLINICAL FELLOWS



We have a diverse group of doctors, within the Clinical Fellow Posts (Foundation, Junior & Senior Clinical Fellows), in addition to Teaching Fellows & Research Fellows. They offer excellent clinical support, however contribute more and engage in activities such as research, teaching and quality improvement.

Clinical Placement Update Jul - Sep



Recent events





We had the privilege to host a few NHSE events, including

"Bridging the Gap: Promoting Inclusive Medical Education" on 24th June.

The aim was to collaborate with Associate Deans, Heads of School, Training Programme Directors, Directors of Medical Education and other educational leaders in the region and to promote and share good practice in inclusive medical education across the Midlands.



MIDLANDS SIMULATION SHOWCASE

We proudly hosted the Midlands Simulation Showcase event on **22**nd **July** for the second consecutive year, featuring two excellent presentations led by UHCW. The first detailed the development and clinical impact of a Maxillofacial Haemorrhage Management training video, while the second showcased an in situ simulation testing, the newly implemented Airway Emergency 2222 call. This presentation explored the rationale behind the call's introduction and its effect on timely management of airway emergencies in clinical areas, ultimately aiming to improve patient safety.

NHSE MIDLANDS FELLOWSHIP SHOWCASE EVENT

As part of the Midlands Fellowship Programme 2024–25, we had the honour of hosting the NHSE Midlands Fellowship Showcase Event on **July 31**st. The showcase event was the final session of the programme following three previous development days also hosted at UHCW. The showcase event allowed fellows from across the region to share successes and present the many different projects that have been conducted over the 12-month programme duration. **Dr Penny Kechagioglou** – UHCW Chief Clinical Information Officer was a guest speaker at the event and delivered a presentation on "Leadership during Turbulent times".





AUG - SEP ROTATION

We welcomed an excellent cohort of doctors to the Trust during the months of **August & September**. They were diverse in groups, specialities and grades including Foundation, Speciality and Core Doctors. The Medical Education, Medical Workforce, People Support Teams and Faculty members ensured that they were well supported throughout induction and had smooth onboarding process.



SAFEGUARDING CONFERENCE

27TH NOVEMBER 2025

08:30HRS - 16:00HRS

CSB ~ First Floor, Lecture Theatre

SAFEGUARDING CONFERENCE THEME: PREVENTION ACT BEFORE
ABUSE!



BOOK HERE

Resuscitation

UPDATES

- The Cath lab are taking delivery of the new CorPuls external CPR device are already in place for use in the Cath lab.
- Please see the video in this link for more information: <u>corpuls cpr Training and Resources</u>
- https://pages.theortusgroup.com/corpuls-cpr-arm-training-page
- The National cardiac arrest audit report for 2024/25 has shown that UHCW has seen a downward trend in the number of cardiac arrests, with 60.5% ROSC rate (nearly 10% increase from previous year) and 28.5% survival to discharge which is nearly 4% above the previous year and national averages. We celebrate this as a reflection of getting resuscitation training right, with focus on value and waste reduction, resulting in a positive clinical and patient safety impact.

TRAINING DEVELOPMENTS

- We are pleased to welcome 8 new CALS instructors who will be completing the Train the Trainer course in September.
- CALs ensures multidisciplinary teams are empowered and skilled to respond to open chest cardiac arrests, and this has demonstrated positive impacts clinically since this course commenced.



2026 Resuscitation National courses and local training dates are now confirmed and available to view here

Simulation

The Simulation Team supported the filming of a new obstetrics training video for a mobile app, helping make essential medical education more accessible to the obstetric team on the go, and it had received a few positive feedback and comments.

Clinical Skills



The medical students now have 'party bags' that they keep and bring back to their skills training that include items that are reusable but would normally be discarded.

'Skills practice' trolleys are available, that will be stocked and ready for use at all times.



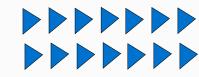


Medical Students are welcome to attend the **CCE1 session**, which will enhance their core skills training mapped to their curriculum and GMC practical skills and procedures standards.

'Open Labs' will be available within Clinical Skills labs and at CSB, Trust wide and Beehive at the University.



People Support



University Hospitals Coventry and Warwickshire

How to access TRiM support

A traumatic event is one that is outside of an individual's usual experience, which most people would describe as serious or severe and which has the potential to cause physical, emotional or psychological harm.

To access TRiM support you must be employed within UHCW.

To make a referral in to TRiM, please scan the QR code below:



In theory, anyone can refer in to TRiM, however it is helpful if it is someone with supervisory or management responsibility for the team as there is a requirement to supply the names of all staff involved with the event and to agree to staff attendance at TRiM activities.

Please use the MS Form to refer. If you can't access it or are unsure if TRIM is suitable, contact us at TRIM@uhcw.nhs.uk

Other sources of support:

If you or somebody you know needs help, there are a number of options:

- Talk to your line manager
- Occupational Health (x 25420)
- Contact the EAP (0800 023 9324) 24/7
- People Support Team (x 24760)
- Speak to Chaplaincy (x 27515)
- Talk to your GP
- Talk to friends, family and trusted colleagues

Most people recover from a traumatic event within 4-6 weeks, and it is important to take each day as it comes. Getting back to whatever was normal for you before the event is important, as is gently beginning to focus on what you are going to do next.

However, if you feel distressed or are having problems getting through the day, don't be afraid to ask for help.

To access the full range of wellbeing support on offer at UHCW, please scan the QR code below which takes you to the Services Support Staff Wellbeing guide:

TRIM

Trauma Risk Management

Guidance for staff

Trauma Risk Management support at University Hospitals Coventry and Warwickshire NHS Trust

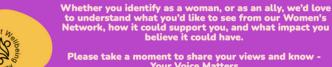






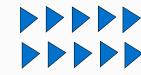


At UHCW NHS Trust, we are proud of our colleagues and the rich diversity across our workforce. Our networks create safe spaces and supportive communities that foster shared expression, drive equity, and contribute to meaningful change within our organisation.



Please take a moment to share your views and know - Your Voice Matters.

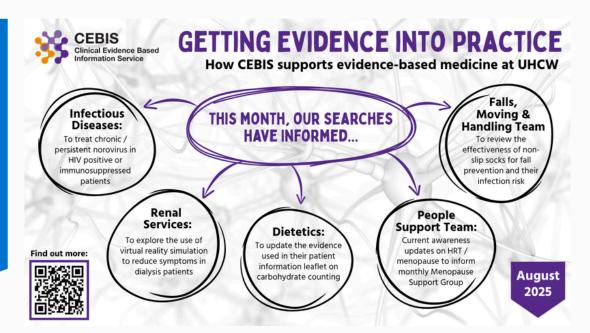
Knowledge & Library Services



Getting Evidence into Practice

Each month we share a brief peek behind the scenes at a selection of evidence searches our CEBIS team have recently completed to support UHCW staff.

Need an evidence search? Get in touch: **CEBIS@uhcw.nhs.uk**



LIBRARY GUIDE FOR DOCTORS

The UHCW Knowledge and Library Services (UHCW KLS) team are pleased to offer a very warm welcome to our new intake of newly qualified and resident doctors – we hope you enjoy your time at UHCW!

We've produced a guide to the services and resources available to you while you are with us. There's print copies outside the library (1st floor, CSB) but if you prefer, you can read it online too:

uhcwlibrary.org/guide-for-doctors





DISCUSSING RISK WITH PATIENTS

Over on LinkedIn, our CEBIS Specialist Bridget O'Connell has shared a useful summary of guidance to help support clinicians to effectively communicate risk when discussing interventions and treatments with patients.

We've also shared her post in the News section of the UHCW KLS website. You can read it here:

uhcwlibrary.org/talking-about-risk-patients

YOUR RECIPES WANTED!

This autumn, the library is taking part in the national Big Tasty Read campaign, bringing together the joy of food and reading while also celebrating the cultural heritage of our staff. We're calling on UHCW colleagues to share with us a treasured family recipe (along with any story, memory, or cultural context you'd like to share). This could be a traditional main dish, dessert, snack, or anything meaningful to you and your family. Send your recipes to Beth-Jackson@uhcw.nhs.uk or Keri.BramfordHale@uhcw.nhs.uk



Meet our NEW Team Members

We welcomed **Dr. James Hooper** as Simulation faculty member within the Simulation services, and **Penny MacMillan** as Course Administrator within Medical Education.



UNDERGRADUATE SPECIALITY LEADS

Mr. Kai Leong, UG Trust Specialty Lead- CSP

Ms. Valarmathy Kandavel, UG Trust Specialty Lead- O&G

Dr. Tom Baker, UG Trust Specialty Lead- Child Health

Dr. Luke Atamaniuk, UG Trust Specialty Lead- Exams

Mr. Farhan Syed , UG Trust Specialty Lead- MSK

Dr. Konstantinos Lipas , UG Trust Specialty Lead- CMP

Dr. Hannah Potter, UG Trust Specialty Lead- Acute

GUARDIAN OF SAFE WORKING HOURS (GOSWH)

We are pleased to announce that **Dr Surabhi Talwar**, **Consultant Renal Medicine** will be the new GOSWH.

We would like to thank **Dr Tim Robbins, Consultant Endocrinologist** for his excellent work as the outgoing GOSWH and also congratulate him in his new role as **Associate Medical Director**. There will be a short transition period between the roles to ensure a smooth handover in October.



Meet our NEW Educators

EMERGENCY MEDICINE

Dr. Wajiha Inam, Consultant Acute Medicine PG Educational Lead

SURGICAL SERVICES

Ms. Suzy Turner, Consultant Ophthalmology PG Educational Lead

Mr. Ashraf Elsharkawy, Consultant Vascular, PG Educational Lead Vascular Surgery

Trauma & Orthopaedics

Mr. Bhabra Gev, Consultant T & O PG Educational Lead Trauma and Orthopaedics

MEDICINE

Dr. Peter Goodrem, Consultant Respiratory Medicine, PG Educational Lead

THANK YOU for your excellence!

Dr. Amie Burbridge, Consultant Acute Medicine Former - PG Educational Lead

Dr. Jerald William, Consultant Ophthalmology Former - PG Educational Lead

Mr. Mateen Arastu, Consultant T & O Former PG Educational Lead





Excellent Post Graduate Academic Programmes



Quality training assurance



Career Pathway Planning



Wellbeing & Professional Support





Staff Spotlight

MAKING A DIFFERENCE AWARDS



At the start of August our Knowledge Skills Librarian, Beth Jackson, was surprised with a Making a Difference award!

Nominated for her dedication to teaching UHCW staff, attendees at the award presentation heard inspiring testimonials about the impact Beth's support has had on staff balancing work and higher education.

We were thrilled to see the impact of Knowledge and Library services being recognised in the trust.

Congratulations Beth!



NHS SERVICE AWARD



The People Support team honoured Rhiain Casseldine-Foreman, Business Support officer, Medical Education, with an appreciation award for her 15 years of loyal NHS Service. She felt great being valued and appreciated.

Congratulations Rhiain!





Staff Spotlight





Staff Spotlight - OSCA Nominees





OSCAs

University Hospita Coventry and Warwickshi

EDUCATOR OF THE YEAR AWARD

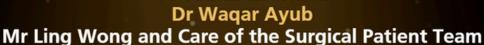
Entries submitted by Warwick Medical School students







Indira Mandal
Dr Joseph Boylan
Dr Joshua Odendaal
Mr Ling Wong
Nicole Kalala
Dr Saad Maida
Dr Sandeep Panniker
Dr Tobias Rowland







Medical Education

Resuscitation Services

LEADING THE WAY AWARD

Rosie (Rosanna)
Stopford – Clinical
Teaching Fellow
(Left Trust)

Simon Ford – WMSTC Manager

RESEARCH & INNOVATION AWARD

Debi White - Clinical Fellowship ACP for ReSPECT (Left Trust)

SUPPORTING THE DELIVERY OF CARE AWARD

Library & Knowledge Specialists

Rachel Davies –
Deputy Medical
Education Manager



My Experience...

The transition from a medical student to Foundation Year 1(FY1) doctor was one of the most significant steps in my career. Stepping onto the wards in those first weeks, with the responsibility of being the doctor for patients, felt both exciting and daunting. Suddenly, decisions mattered in a very real way, and I soon realised that FY1 would be a year of **steep but rewarding**.

What defined much of that year for me, were the **on-call shifts**. Carrying the bleep during my surgical nights or being asked to clerk patients during admission shifts for the first time was a difficult situation to grow accustomed to. Each shift could bring in a **new experience** - from reviewing deteriorating observations to managing patients in acute care.

At first, the pace and pressure were overwhelming. But with time, and with the senior colleagues' support and the wider team, I began to **gain confidence** slowly.



Dr. Adish Abeesh, FY2 Resident Doctor in Training ITU



The weekly FYI teachings and simulations sessions played a critical role in building confidence and progressing throughout my career – particularly the ABCDE approach that we practiced in controlled settings proved to be useful in real emergencies. However, it was still difficult making decisions such as choosing whether to give fluids/take a blood gas/order basic imaging in the heat of the moment – nevertheless, I did become more confident with my decision making over the course of the year. Most importantly, these experiences taught me the value of communication: updating seniors concisely and working seamlessly with nurses and allied health professionals. As an FY1, you are expected to escalate to seniors if needed as the teams are aware that you are the most junior member and therefore will need help especially in deteriorating patients.

Alongside clinical work, one of the challenges was staying organised with assessments and reflections on **Horus E-Portfolio**. Keeping my e-portfolio up to date sometimes felt like an extra task at the end of long shifts but **documenting** the different **complex cases** you have seen and identifying the **new skills** you have learnt is especially important to **show your growth** throughout the year during final signoffs. Documenting cases, reflecting on difficult situations, and gathering feedback also gave me the chance to **pause and reflect** how much I was progressing.

There were **rewarding highlights** — stabilising an unwell patient and seeing them improve, or being thanked for reassurance at a difficult time. Looking back, FY1 was challenging, but those challenges brought growth. I was able to improve on the basics: being able to take an accurate history, making a suitable plan (which I can then discuss with a senior), and acting out the plan on my own.

Starting FY1 is a difficult transition and will be very demanding but it's also a year of huge development. Rely on your team, keep asking questions, and take each shift as **a pathway to transition and growth!**





10 POINT PLAN

The 10 Point Plan is a national initiative for all NHS Trusts and NHS England to ensure meaningful progress on key areas affecting Resident Doctors

- Improve the working environment and wellbeing of Resident doctors. (areas include rest facilities, access to wellbeing support, resident doctor inductions).
- Work schedules and rota information cascaded as per the requirements of the rota code of Practice. *Analysis of reporting points is ongoing at UHCW.*
- Resident doctors are able to take annual leave in a fair and equitable way which enables wellbeing. Annual leave overview will be included in all Inductions by Medical Workforce & a review of local policies is being conducted.
- Two named leads appointed for addressing Resident doctors issues;

 1. Senior Leader Mr. Jonathan Young Chief Medical Officer

 2. Peer Representative Resident Doctor Dr. Robert Potter Chief Registrar
- Resident doctors should not experience payroll errors due to rotations.

 A piloted a payroll improvement programme with 31 trusts has taken place to tackle the root causes of payroll errors leading to a 48% reduction in errors.
- Resident Doctors won't unnecessarily repeat statutory and mandatory training. Promote Integrated Academic Training (IAT) provided directly from Core Skills Training Framework (CSTF) with Resident doctors.
- Resident doctors should be enabled and encouraged to Exception Report to better support doctors working beyond their contracted hours. GoSW Exception Reporting Reform is due to be implemented on the 4th February 2026 The new national framework will improve exception reporting.
- Resident doctors should receive reimbursement for course-related expenses within 4 to 6 weeks of submitting their claims. Course expenses reimbursement prior to attendance has been implemented at UHCW since 2nd October 2025.
- Reduce the impact of rotations upon resident doctors' lives while maintaining service delivery. A trial of self rostering is planned.
- Minimise the practical impact upon resident doctors of having to move employers when they rotate. Committed to expanding the Lead Employer Model.

Let's get the basics right, together!

NETS



The National Education and Training Survey (NETS) is open!

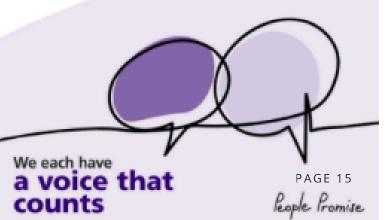
NETS is the only national survey open to all healthcare students, trainees, and apprentices.

Open until 2 December 2025.

It takes **10 minutes** to share your experiences:

www.hee.nhs.uk/nets-2025





Take the survey Drive the change



Medical Education ICT/AV Support Web App

Empowering Our Learning Environment with Smarter Support



What the App Does

- 1. Submit support tickets instantly.
- 2. Log issues directly from your device.
- 3. Track progress in real time.
- 4. Request AV equipment with confidence.

Why it Matters

- 1. For Educators and Clinicians: Less disruption, focus on teaching.
- 2. **For students:** Fewer interruptions, smoother sessions.
- 3. **For administrators:** Clear data, fewer emails, better planning.

Problems We're Solving

- ✓ Screens not displaying
- ✓ No audio on TVs
- Unresponsive keyboards
- ✓ Teams setup isssues

How to Access

- 1. Scan the QR code.
- 2. Open the link.
- 3. Describe your issue.
- 4. Submit your request in under 30 seconds.

Try it today!

Scan the QR code in your teaching room and experience smarter support!

ALL RESIDENT DOCTORS ARE INVITED TO ATTEND

RESIDENT **DOCTORS FORUM**

WHY ATTEND?

- ✓ Share ideas & experiences
 ✓ Address concerns and issues
 ✓ Improve training & development
 ✓ Identify ways to improve patient care and much more...



Occurs every 6 weeks



Want to know

- How it works?
- Who are involved?
- How to get invited? What top tips discussed?
- Your voice matters—be part of the change!

Stay connected



Grab a sandwich and a drink, and enjoy our Grand Round every Friday from 1 - 2pm in the Lecture Theatre, 1st Floor, CSB.

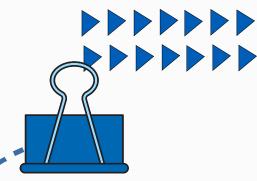
Keep up to date with the latest development in clinical practice at UHCW.



SCAN HERE FOR THE LATEST GRAND ROUND SESSION



SCAN HERE TO REGISTER FOR THE COURSES WE OFFER



KEEP THESE HANDY!

Guardian of Safeworking

https://web.loop.allocate-cloud.co.uk/loop/login

Study leave Expenses Reimbursement

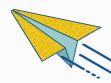
https://www.mededcoventry.org/Doctors/Foundation-2/Study-Leave

Accent

https://accent.hicom.co.uk/Pro/Live/web/

Post-Night Rest

mail to: csb@uhcw.nhs.uk



Trickle

https://app.trickle.works/download

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Tel: **024 7696 8712**



University Hospitals Coventry and
Warwickshire NHS Trust
Clinical Sciences Building –Room 00053
Contact No: 024 7696 8712



