

(Overview)

Programme

Wednesday May 8th 2024 UKAAPS/CAPSCO Meeting
Breast, Body and Cosmetic Surgery Business meeting

FACULTY DINNER

FaceEyesNose/RSM meeting (Day 1)

Thursday May 9th RSM London

Lecture Theatre 1: Facelift Surgery with FEN and Section of Plastic Surgery

Lecture Theatre 2: Minimally invasive Facial Aesthetic Surgery with FEN and RSM Academic Aesthetic Group

GALA DINNER

FaceEyesNose/RSM meeting (Day 2)

Friday May 10th RSM London

Lecture Theatre 1: Facelift and Oculoplastic Meeting

Lecture Theatre 2: Rhinoplasty Meeting

[Busses arranged London to Coventry](#)

Saturday May 11th University of Warwick at UHCW Coventry

Rhinoplasty Seminars by the Masters; CSB Seminar Room UHCW Coventry

Saturday May 11th University of Warwick at UHCW Coventry

Dissection Laboratory : Facial and Oculoplastic Cadaver Dissection

Conference Gala Dinner: Coombe Abbey Hotel, Coventry

Sunday May 12th University of Warwick at UHCW Coventry

Dissection Laboratory : Rhinoplasty: Cadaver Dissection

PROGRAMME

Wednesday May 8th 2024 (Royal Society of Medicine, 1 Wimpole Street, London UK)

Lecture Theatre One Breast and Body: Chair and Organiser Shailesh Vadodaria

Wednesday 8th May 2024 – Breast, Body, Buttocks and Business

Guy Whittle Auditorium

Course organisers Shailesh Vadodaria & Muhammad Riaz

Time Name Subject

08:50 INTRODUCTION Muhammad Riaz & Shailesh Vadodaria

Brazilian Butt Lift

Chair: Jeyaram Srinivasan & Tariq Ahmad

09:00 Omar Tillo Introduction and controversies: Fat embolism – the procedure ban in U.K, the lessons learned.

09:15 Stefano Cotrufo Complications of BBL and how to avoid them

09:25 Daniel Del Vecchio The science leading to a safe BBL procedure

Breast Aesthetics Masterclass – Giovanni Botti

Chair: Khalid Khan & Shailesh Vadodaria

10:00 Giovanni Botti Breast augmentation: from macrot textured to smooth implants

10:15 Giovanni Botti My 8 year's experience with ergonomic implants in breast augmentation

10:30 Giovanni Botti Augmentation - Mastopexy

10:45 Giovanni Botti Breast auto-prosthesis; 30 years of experience

11:00 Julio PUIG Optimising behaviour of implants soft plus through submuscular implant techniques

11:15 Coffee Break

Safety and risk management of product liability of breast implants

Chair: Patrick Tansley & Umar Daraz Khan

11:30 Foad Nahai Safety in aesthetic surgery of the breast and body

11:50 Foad Nahai Breast implant illness / systemic symptoms associated with breast implants – SSAB

12:10 Nora Nugent Recent updates on breast implant associated diseases ALCL SSC and others

12:25 James Frame wisdom of breast implant surgery in view of medicolegal

challenges

12:40 Nathan Edwards Product liability and medical indemnity insurance

12:50 Sailesh Mehta Product liability legal point of view

13:00 Lunch break

Gynecomastia and abdominal contouring

Chair: Richard Karoo & Paul Wilson

14:00 Alex Karidis Practical approach and surgical management of

Gynecomastia

14:15 Shailesh Vadodaria Management of gynaecomastia in a standalone clinic

14:30 CC Kat Lock and glue lipoabdominoplasty under twilight anaesthesia

14.45 Mark Soldin Pearls of wisdom for satisfactory outcome in managing
postmassive weight loss reconstructive surgery

15:00 James McDiarmid VASER liposuction for abdominal contouring

15:15 Vasu Karri Lipoedema: Understanding a complex disease

15.40 Medha Bhave Drainless Abdominoplasty – a simplified approach

16:15 Coffee Break

16:30 My worst complication, how did I manage – lessons learned Chair:

Garrick Georgeu & James McDiarmid

External genital aesthetic surgery

Chair: Abid Rashid & Andrea Marando

17:00 Paul Banwell Aesthetic anatomy of female external genitalia

17:15 Hagen Schumacher Wedge technique for Labia Minora reduction

17:30 Paul Drake Composite Labia Minora reduction

17:45 Simon Perkins Medicolegal risk management in external genital aesthetic
surgery

18:00 Close of meeting

Lecture Theatre Two **Business and Marketing in Plastic Surgery**

Wednesday 8th May 2024 – Breast, Body, Buttocks and Business

Seminar Suite

Course organisers Shailesh Vadodaria & Muhammad Riaz

Time Name Subject

08:50 James McDiarmid &

Tariq Ahmad

Introduction

Setting up an aesthetic surgery clinic/hospital – a new solution of survival

Chair: James McDiarmid & Foad Nahai

09:00 Elena Prouskaia Challenges and benefits of running my own aesthetic surgery hospital

09:15 Fulvio Urso-Baiarda Setting up a private hospital/clinic

09:25 Giovanni Botti Personal perspective of running an aesthetic surgery practice and a training centre in Italy

10:00 Hassan Shaaban Was it worth developing my own hospital? Personal perspective

10:15 Faisal Arshad Lessons learned in getting my clinic ready for private equity investment

10:30 Alex Karidis Developing and building your practice; navigating through the quagmire

10:45 Gary Monaghan Tips on developing a business plan for the financial viability and sustainability for private practice

11:00 Open house discussion

11:15 Coffee Break

Managing complaints and litigation in aesthetic practice Chair:

James Wokes & Jamil Ahmed

11:30 Mark Henley Minimising complaints and litigations in aesthetic surgery –
surgeons' point of view – 40 years of personal experience

11:50 Simon Perkins –

Partner DAC

Beachcroft

Minimising medicolegal litigation in aesthetic plastic surgery
practice. Dos and don'ts in aesthetic practice to avoid
complaints and litigation – legal perspective

12:10 Tracy Sell-Peters Minimising complaints from GMC and CQC for aesthetic
plastic surgery practice (surgeons & clinicians)

12:30 Sailesh Mehta Attending court and coroner's inquest

12:50 Jeyaram Srinivasan Professional indemnity cover – a practicing aesthetic plastic
surgeons perspective

12:50 Open house discussion

13:00 Lunch break

Indemnity and clinic insurance cover

Chair: Tim Brown & Patrick Tansley

14:00 Joanna Staphnill Tips for optimising indemnity cover for aesthetic surgeons and
comprehensive cover for clinics

14:30 Nathan Edwards Working with indemnity insurance brokers/underwriters to
continue safe long-term survival in aesthetic plastic surgery
profession

14:50 David Williams Navigating the minefield of insurance claims

15:10 Open house discussion

NHS contracts for aesthetic clinics and VAT in the aesthetic industry

Chair: James McDiarmid & Mark Henley

15:20 Stuart Andrews Acquiring NHS contracts in aesthetic surgery clinic/hospitals

15:40 Veronica Donnelly Recent update on VAT and aesthetic plastic surgery/treatments in the UK

16:15 Coffee break

CQC, Marketing & Legislation

Chair: Ali Juma & Fulvio Urso-Baiarda

16:35 Martha Walker Getting the CQC registration

16:55 Joshua Catlatt Buying, selling, and leasing clinics

17:15 TBC Aesthetic practice management software

17:30 Hugh Henderson Dos and Don'ts of expert report writing – 45 years of personal experience

17:50 Open house discussion

18:00 Close of meeting

FACULTY DINNER

Thursday 9th May Royal Society of Medicine London

Thursday 9th May Face Eyes Nose (with section of Plastic surgery RSM)

08.50: Introduction **Rana Das-Gupta and Fateh Ahmed**

Session 1 Chair: Rana Das-Gupta and Fateh Ahmed

0900: Adel Fattah (Liverpool) Facelift Anatomy

09:30: Tim Marten (San Francisco, USA) Contemporary Facelift – Milestones in Evolution and Improvement of Technique

1000: Mike Nayak (St Louis, USA) Deep plane facelift: foundations to finesse

10.30: Midface Lift; Jonathan Britto (London)

11.00 Coffee

Session 2 Chair Lucian Ion and Jeyaram Srinivasan

11.30 Face Lift without General anaesthesia: Nora Nugent (London)

11.45 Dimple Creation; Shailesh Vadodaria (London)

12.00 Anthony McQuillan: Face and Neck Lift my approach

12.30: Reclaiming Identity; Lessons learnt in Facial Burns Reconstruction: Mamoon Rashid (Professor of Military Plastic Surgery, Islamabad)

13.00: Lunch

Session 3 Chair : Rana Das-Gupta and Nora Nugent

14.00: Tim Marten (San Francisco, USA): Deep Neck lift: Defining Anatomical Problems and Applying Logical Solutions

14.30: Mike Nayak (St Louis, USA) Necklift toolbox

15.00 Dominic Bray (London) Refinements in the Deep Plane Face and Neck

15.00: James McDiarmid (Devon): Facial Implants and their role in face Lift rejuvenation

15.30: Kalliroi Tzafretta (Chelmsford): Managing the heavy neck.

16.00; Coffee

Chair: Fateh Ahmed and Tariq Ahmed

16.30: Foad Nahai (Atlanta, USA) My Approach to Face and Neck Lifting

17.00: Norman Waterhouse (London): The Auervaldt Net, Face, Brow and Lip

17:15: My experience of the Auersvaldt Net; Marc Pacifico (London)

17.30 Questions and Round Table : Chair Jonathan Britto and Marc Pacifico

Tim Marten, Mike Nayak, Foad Nahai, Norman Waterhouse, Dominic Bray

1. 'When to Open the Neck and perform a platysmaplasty'
2. What is the indication for a Deep Plane approach

18.10 Close of Meeting

19.30 GALA Dinner : 11 Cavendish Square

Thursday May 9th Royal Society of Medicine Academic Aesthetic Group

Thursday 9th May Face Eyes Nose (with section of Plastic surgery RSM)

Chair of the day: Christopher Rowland Payne

0830 : Introduction [Christopher Rowland Payne](#)

Thursday 9th May 2024

Minimally Invasive Facial Aesthetic Surgery

Seminar Suite

Course organisers Rana Das Gupta & Christopher Rowland Payne

08:25 Roger Kirby Welcome address from the President of RSM

08:30 Christopher Rowland Payne

Introduction

Applied anatomy, fillers and botulinum

08:35 Souphiyeh Samizadeh The critical role of skeletal structure and definition

09:00 Kallirroi Tzafetta Essential facial anatomy for filling the face: ligaments, fat, compartments and vascular anatomy

09:25 Svetlana Larkina Lip fillers in patients with malocclusion

09:50 Tapan Patel Essential anatomy for full face botulinum toxin injections

10:15 Christopher Rowland Payne Facial botulinum toxin refinements

10:40 Round table talk 1 - Facial fillers and botulinum

Tariq Ahmad, Svetlana Larkina, Stephen Mulholland, Tapan Patel, Christopher Rowland Payne, Hazim Sanker, Dominic Yue

11:00 Coffee Break

Non-surgical lifting & peels

11:20 Anne Marie Olsen Thread lifting

11:40 Facelifting by Electromagnetic Stimulation Ali Ghanem (London)

12:00 Rajan Sharma (Reading) Plasma facelift: PRGF in facial aesthetic an update

12:20 Tariq Ahmad (Cambridge) Chemical peels in my practice

12.40 Sofiane Rimmouche (Cheshire) : The role of Regenerative treatments in facial aesthetics

12:50 Q&A

13:00 Lunch break

Energy based devices and managing the challenging patient

14:00 TK Sankar Lasers in facial aesthetics

14:20 Stephen Mulholland

Why use radiofrequency in your practice

15:00 Paul Nassif How to manage the difficult patient – Live feed

15:25 Hazim Sadideen Bio stimulation – the next step

15:50 Q&A

16:00 Coffee break

Complications and their management

16:30 Greg Williams Managing hair transplant complications

16:55 Dominic Yue Avoiding and managing complications of fillers and toxin

17:20 Q&A – Managing complications in non-surgical aesthetics.

Tariq Ahmad, Ravi Jain, Stephen Mulholland, Ann Marie Olsen, Svetlana Larkina,

Tapan Patel, Souphiyeh Samizadeh, TK Sankar, Rajan Sharma, Greg Williams,

Dominic Yue

18:00 Close of meeting

Friday May 10th 2024 Royal Society of Medicine, London

FaceEyesNose (Day 2) Facial and Oculoplastic Surgery

0830 Introduction and chair session 1 Rana Das-Gupta and Fateh Ahmed

08.45 **Virtual** Artificial Intelligence in the assessment of the Facelift Patient; Lucian Ion (London)

09.00 Otoplasty: without relapse or complications: *Giovanni Botti (Rome)*

09.30 A Psychology App for the assessment of the Cosmetic Facelift Patient Lars Hansen (London)

10.00 Midface and Lower Eyelid, using deep plane; *Dominic Bray (London)*

10.30 Browlift: my two current favourite techniques and three methods of suspension;
Mike Nayak (St Louis, USA)

11.00 Tea and Cake

Session 2 Chair Jeya Prakash and Tariq Ahmed

11.30 Endoscopic Brow and Midface Lift *Foad Nahai (Atlanta, USA)*

12.00 Upper lip lift – Why and How, *Tim Marten : (San Francisco, USA)*

12.30 Oculoplastic Surgery an overview *Ted Wojno (Atlanta, USA)*

13.00 Lunch

Session 3 Chair Oculoplastic Session Saj Ataullah and Jonathan Britto

14.00 Upper Lid Blepharoplasty *Simon Woodruff (Cambridge)*

14.15 Lower Lid Blepharoplasty *Saj Ataullah (Manchester)*

14.30 Canthopexy and Cathaplasty; *Austin McCormack*

15.00 Preventing and Treatment of Lower Lid Displacement (Ectropion) *Giovanni Botti (Rome)*

15.20 **VIRTUAL** from Chile: Filler facts & fiction: Novel concepts in avoiding and managing complications Daniel Ezra (Moorfields London)

15.40 New insights in avoiding and managing post-blepharoplasty retraction Raman Malhotra (Queen Victoria Hospital, East Grinstead, London, UK)

16.00 Afternoon Tea

Session 4 Chair Ted Wodjno and Simon Woodruff

16.30 Fat Grafting in Eyelid Surgery, Tim Marten (San Francisco) USA

17.00 : ROUND TABLE How do I manage complications in peri-orbital surgery

chair Jonathan Britto

Saj Ataulah, Tim Marten, Raman Malhotra , Austin McCormack, Ted Wojno

17.30 Close and 18.00 Coaches to Coventry 18.00pm

Friday May 10th 2024 RSM , FaceEyesNose (Day 2) RHINOPLASTY MEETING (London)

0845 Introduction and chairs by Shahz Ahmed and David Izadi

0900 Assessment of Rhinoplasty Patients Hesham Saleh (London)

0920 Basics in Endonasal rhinoplasty Alwyn De Sousa (London)

09.40 Basics in Septorhinoplasty Alwyn De Sousa (London)

10.00 Artificial Intelligence in the assessment of the Rhinoplasty Patient; Lucian Ion London

10.30 Lars Hansen (London) Psychological App for the assessment of the Cosmetic Rhinoplasty Patient

11.00 Tea and Cake

Session 2 Chair Fateh Ahmed and Rajan Uppal

11.30 Endonasal Solutions for all scenarios : Lessons from 3000 cases: Holger G Gassner (Regensburg, Germany)

12.00 Closed Rhinoplasty is Back; Giovanni Botti (Rome, Italy)

12.30 Structural Rhinoplasty using Auricular Cartilage; Hossam Foda (Egypt)

13.00 Lunch

Session 3 Chair Hossam Foda and Shahz Ahmed

14.00 Septal Perforation Management; *Shahz Ahmed (Birmingham)*

14.20 Management of Anterior Septal Deviations *Heshem Saleh (London)*

14.40 Preservation Rhinoplasty and how it has affected the modern approach: *Charles East (London)*

15.00 Safe and Effective Techniques in Rhinoplasty, *Sureyya Seneldir, Istanbul, Turkey*

15.20 Preservation Rhinoplasty and Preventing Sequelae. *Rajan Uppal (London)*

15.40 Lengthening and Shortening the nose for facial harmony; *Alwyn De Souza (London)*

16.00 Afternoon Tea

Session 4 Chair David Izadi and Rajan Uppal

16.30 Hybrid preservation rhinoplasty with modified dorsal split; *Enrico Robotti (Bergamo, Italy)*

17.00 Round Table; **Preservation or Open Structural Rhinoplasty**; Enrico Robotti, Hossam Foda, Charles East, Hesham Saleh, Alwyn De Souza **Chair Rajan Uppal**

17.30 Close and 18.00 Coaches to Coventry

[University Hospital Coventry and Warwickshire, Dissection Labs beneath the Woman's and Childrens Entrance, Clifford Bridge Road, Coventry CV8 2BB](#)

Saturday 11th May 2024 Dissection Room UHCW Coventry

FaceEyesNose (Day 3) FACELIFT NECK and OCULOPLASTIC DISSECTION

West Midlands Surgical Centre (Laboratory), University Hospital Coventry and Warwickshire NHS Trust, Basement, Via Women and Childrens Entrance

0830 Introduction Rana Das-Gupta and Simon Ford

Chair : Rana Das-Gupta

0900 Open/Deep Neck Surgery including platysmaplasty and Submandibular gland approach. Tim Marten and Mike Nayak

0930-10.00 Delegates to replicate if desired.

10.00 High SMAS Face Lift Dissection Tim Marten and Adel Fateh

10.30-11.00 Delegates to replicate if desired.

11.00 Deep Plane Face Lift (maybe sailboat modification) Mike Nayak and Dominic Bray

11.30 Delegates to replicate if desired.

12.00 Mid face Lift Jonathan Britto and Dominic Bray

12.30-13.00 Delegates to replicate if desired.

13.00 Lunch

13.30 Upper Eyelid Blepharoplasty (Austin McCormack and Saj Atallah)

14.00 Lower Eyelid Blepharoplasty (Ted Wojno and Simon Woodruff)

14.30 Delegates to replicate if desired.

15.30 Temporal Brow Lift Tim Marten

16.00 Bicornal Brow lift Foad Nahai and Jonathan Britto

16.30 Delegates to replicate if desired.

17.00 Close

19.00 Coombe Abbey Hotel, Drinks Reception and Gala Dinner

Music by Mr Matt Venus(on guitar) and Band (Consultant Plastic Surgeon, UHCW)

Saturday 11th May 2024 Seminar Room UHCW Coventry

FaceEyesNose (Day 3) additional lectures for rhinoplasty focussed candidates

West Midlands Surgical Centre (Laboratory/Seminar Room), University Hospital Coventry and Warwickshire NHS Trust, Basement, Via Women and Childrens Entrance

Chairs Rajan Uppal, Shahz Ahmed, Peter Dekker, David Izadi

10.00 Minimal Change Primary Rhinoplasty; should you do it ? *Heshem Saleh (London)*

10.30 **How I currently Employ structural grafting in my primary rhinoplasties.** *Enrico Robotti (Bergamo, Italy)*

11.00 Coffee Break

11.30 Tip Suturing Techniques *Hossam Foda , Alexandria and Cairo, Egypt*

12.00 *Managing secondary Rhinoplasty with rib grafting- highlight on dorsal reconstruction, Enrico Robotti (Bergamo, Italy)*

12.30 Lunch

13.30 The Crooked Nose; management ; *Sureyya Seneldir, Istanbul, Turkey*

14.00 Secondary Rhinoplasty; *Hossam Foda, Egypt*

14.30 My approach to Nasal Tip Surgery , *Heshem Saleh (London)*

15.00 Coffee Break

15.20 Nuances in the Management of Cocaine Nose *Alwyn De Sousa (London)*

15.40 Alar Base Reduction Simplified *Heshem Saleh (London)*

16.00 Combining Power Tools and Piezo in Rhinoplasty Enrico Robotti (Bergamo, Italy)

16.20 Strategies in Managing the Saddle Nose *Alwyn De Sousa (London)*

16.40 Piezo Rhinoplasty Instrumentation an Introduction, *Hagen Schumacher (London)*

17.00 Close

19.00 Coombe Abbey Hotel, Drinks Reception and Gala Dinner

Sunday 12th May 2024

FaceEyesNose (Day 4) RHINOPLASTY DISSECTION

[West Midlands Surgical Centre \(Laboratory\), University Hospital Coventry and Warwickshire NHS Trust, Basement, Via Women and Childrens Entrance](#)

08.30 Introduction Rana Das-Gupta and Simon Ford

09.00 How to expose the Tip : Enrico Robotti and Hossam Foda

09.30 Delegates to replicate if desired.

10.00 How to Expose and treat the Septum (Enrico Robotti/Alwyn De Sousa)

11.30 Delegates to replicate if desired.

11.00 Grafting in Rhinoplasty (Hossam Foda/Hesham Saleh)

11.30 Delegates to replicate if desired.

12.00 Hump Reduction and Osteotomies (Traditional) (Hossam Foda)

12.30 Delegates to replicate if desired.

13.00 Lunch

13.30 Tip and Refinement Grafts (Hesham Saleh)

14.00 Alar Base Reduction (Hossam Foda/Heshem Saleh)

14.30 Delegates to replicate if desired.

14.00 Harvesting Temporal Fascia (Jonathan Britto/Alwyn De Souza)

15.30 Harvesting auricular cartilage (Rajan Uppal/Adel Fatah)

16.00 Diced Cartilage in Fascia (Alwyn De Souza/Rajan Uppal)

16.30 Delegates to replicate if desired.

17.00 Close of entire meeting

<u>Dissection Table Plan (subject to change())</u>	<u>11th May Face/Eyes</u>	<u>12th May Nose</u>
<u>Demo Table</u>	<u>See programme</u>	<u>See Programme</u>
<u>1</u>	<u>Dominic Bray/Rana Das- Gupta</u>	<u>David Izadi/Rajan Uppal</u>
<u>2</u>	<u>Jonathan Britto</u>	<u>Jonathan Britto</u>
<u>3</u>	<u>TK Sankar/Austin McCormak</u>	<u>TK Sankar/Shahz Ahmed</u>
<u>4</u>	<u>Jeya Prakash</u>	<u>Jeya Prakash/Alwyn De Souza</u>
<u>5</u>	<u>Fateh Ahmed/Simon Woodruff</u>	<u>Fateh Ahmed</u>
<u>6</u>	<u>Jan Stanek/Saj Ataulah</u>	<u>Jan Stanek/Hesham Mehana</u>
<u>7</u>	<u>James McDiarmid</u>	<u>James McDiarmid</u>
<u>8</u>	<u>Foad Nahai/Ted Wodgno</u>	<u>Foad Nahai/Ted Wodjno</u>
<u>9</u>	<u>Shailesh Vadodaria/ Giovani Botti</u>	<u>Shailesh Vadodaria/Peter Dekker</u>

<u>10</u>	<u>Tariq Ahmed</u>	<u>Tariq Ahmed</u>
<u>11</u>	<u>Mohammad Riaz</u>	<u>Mohammad Riaz/Hagen Schumacher</u>
<u>12</u>	<u>Adel Fateh</u>	<u>Adel Fateh</u>
<u>circulating</u>	<u>Tim Marten/Mike Nayak</u>	<u>Hossam Foda/Surreyya Seneldir</u>